

38th Annual Convention

American Association on Intellectual and Developmental Disabilities

Connecting Communities Improving Lives

July 23-26, 2013
Westin Galleria
Houston, Texas




Knowledge | Support | Empowerment
Texas Chapter

American Association on
Intellectual and Developmental Disabilities

table of contents



Welcome	3
Special Events	4
Sponsors & Exhibitors.....	5
Schedule-at-a-Glance	6
Convention Schedule of Events	7
General Information	16
AAIDD Texas Chapter 2013 Board Members	18
2013 Convention Committee.....	19
Convention Registration Information	20



consumer stipend announcement

The Association on Intellectual and Developmental Disabilities Texas Chapter has received the consumer stipend grant from the Texas Council for Developmental Disabilities. The purpose of the grant is to enable individuals with intellectual and/or developmental disabilities and their family members, who are without organizational support, to attend the 2013 AAIDD Texas Chapter Annual Convention. By promoting inclusion, AAIDD Texas Chapter can extend to stipend recipients the benefits that are available to all persons who will attend the convention.

Note: Registration fees include Wednesday – Friday sessions, daily coffee breaks and the Thursday Awards Luncheon. Hotel accommodations will be based on double occupancy at The Westin Galleria. Stipend recipients are responsible to make their own arrangements for meals and transportation.

The AAIDD Texas Chapter Consumer Stipend Committee will award stipends. In order to be considered, stipend application and eligibility verification forms must be submitted by June 24, 2013. To obtain stipend applications and eligibility verification forms, contact Lisa Shelby at 512/804-3175.

Welcome to the global city of Houston and the 38th Annual Convention of the American Association on Intellectual and Developmental Disabilities (AAIDD) – Texas Chapter! The great State of Texas and our Nation have made great strides in services for persons with intellectual and developmental disabilities. In reflection of our beginnings in the mid-nineteenth century where persons with disabilities were kept at home with little or no support to the now success of self-determination and equality, it is apparent that “we have arrived”. We have arrived from the days of experimental schools to the empowerment of selecting and directing our own system of care; we have arrived from programmatic definitions of quality to individual definitions of quality. The challenges of our yesterday are now our strengths for tomorrow. With each passing year, we grow, we learn, we achieve. We develop a system of community networks that connects each of us to another foundation of success. A goal is to build upon our successes and improve our lives to the point of self-actualization. As we focus toward improving our lives, we must apply the appropriate tools that will allow us to sustain in a culture that is ever-changing. Yes, we have arrived, but we are not there yet. Our 2013 Annual Convention will give you the opportunity to collaborate with professionals, direct support staff, self-advocates, and families who share a vision of connecting communities for the improvement of the lives of persons with intellectual and developmental disabilities.

Convention highlights will include:

- Pre-Convention Workshop on Ethics in Intellectual and Developmental Disability Services.
- Keynote Address on aging of persons with intellectual and developmental disabilities by Matt Janicki, Ph.D.
- Presentations from the Texas Department of Aging and Disability Services regarding Billing.
- Presentations emphasizing nursing services in the field of intellectual and developmental disabilities. (Nursing CEU credits have been requested for these sessions)
- Concurrent sessions by self-advocates, support providers, and other experts in the field.
- Closing Panel session with Local and State leaders in disability services focusing on current trends, changes, and legislative updates.

Take this opportunity to develop friendships and network with other colleagues and partners across the State of Texas. Share your experiences and your visions. Our Convention will give you valuable tools and resources for “Connecting Communities – Improving Lives”. I challenge you to learn and experience new or updated tools and resources from this Convention and take them back into your communities for the purpose of improving the lives of persons with intellectual and developmental disabilities. On behalf of the AAIDD Texas Chapter Board of Directors, we appreciate and offer gratitude that you are able to share this experience with us. We hope you enjoy the sessions and have a great time in the great City of Houston.



Jermaine East, MA
AAIDD Texas Chapter
2013 Convention Committee Chair

special events

Opening Session

Wednesday, July 24, 9 - 10:30 a.m.

Flag Presentation by: Cesar E. Chavez High School Color Guard

MHMRA Voices of Harmony

Older People with Intellectual Disabilities: Changing Demographics and Changing Life Needs

As the population of older individuals with lifelong disabilities continues to increase in size, provider organizations and local governments are beginning to confront a new set of challenges associated with their lifespan aging. These challenges are associated with retirement and adaptations to living arrangements and housing, modifications in activities and lifestyle, changes in physical abilities, and support for aging families and other careers. There are also challenges associated with the onset of age-associated diseases, losses in capabilities, changes in sensory levels, the onset of dementia, and general decline in both cognitive and physical abilities with advanced age. The presentation will cover issues related to the growth of the numbers of people with disabilities as they age, what are the challenges they face, and how service organizations can respond and be "aging-ready."

- **Matt Janicki, Ph.D., Associate Research Professor and Director for Technical Assistance RRTC on Aging with Developmental Disabilities – Lifespan Health and Function, University of Illinois at Chicago**

Silent Auction

Wednesday, July 24, Noon - 4:30 p.m.

Thursday, July 25, 8 a.m. - 3 p.m.

Back by popular demand is the AAIDD – Texas Chapter Silent Auction. Show your support for the association and participate in the Silent Auction. If you have an item that you would like to donate, contact Melissa Rasco at 210/647-0191 ext. 301 or by email at mrasco@calabinc.com. Proceeds from the auction will help support the convention. See you there!

AAIDD Texas Chapter Awards Luncheon

Thursday, July 25, Noon - 1:15 p.m.

We all know dedicated persons who are serving persons with intellectual and developmental disabilities. Click [here](#) for awards information. Help honor this year's award recipients in all five categories:

- Helen G. FitzSimmons Leadership Award
- Knowledge Award for Excellence in Education or Research
- Support Award for Excellence in the Provision of Direct Supports
- Empowerment Award for Excellence in Promotion of Self-Advocacy
- Student Award for Excellence in Knowledge, Support or Empowerment

Closing Session

Friday, July 26, 9 - 11 a.m.

Continental Breakfast will be provided

State and Local Leaders Aid in Connecting Communities to Help Improve Lives

Industry Panel Discussion

Panel members will discuss how the last legislative session will impact the IDD service array across the State of Texas. They will share ideas with other members of the panel and provide their opinion of specifically what changes will happen in the IDD field. Those attending the session will be able to ask the panel questions related to service delivery and their field of expertise.

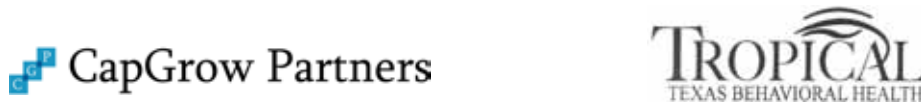
- **Moderator, Dion White, President, AAIDD Texas Chapter**
- **Danette Castle, Chief Executive Officer, Texas Council of Community Centers**
- **Provider Alliance for Community Services of Texas (PACSTX) Representative**
- **Amy Mizcles, LMSW, Executive Director, The Arc of Texas**
- **Carole Smith, Executive Director, Private Providers Association of Texas (PPAT)**
- **Roger Webb, Executive Director, Texas Council for Developmental Disabilities (TCDD)**
- **Jon Weizenbaum, Commissioner, Texas Department of Aging and Disability Services (DADS)**

sponsors (as of 6/12/13)

DIAMOND



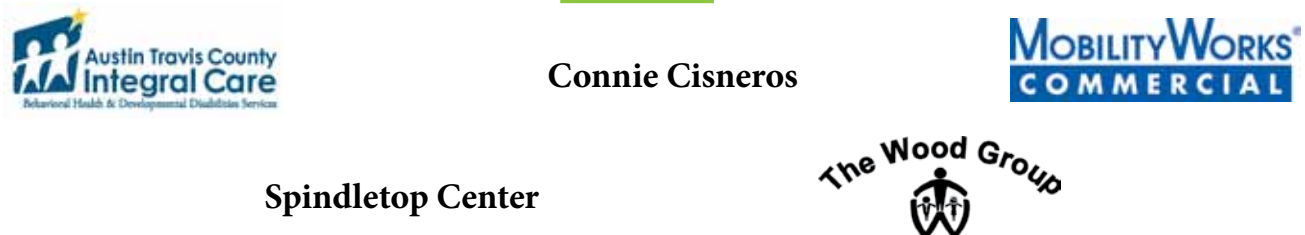
PLATINUM



GOLD



SILVER



BRONZE



exhibitors (as of 6/12/13)

Adaptive Driving Access
Bethesda Institute
CommunityAccess, Inc.
Complete Pharmacy Care
LiveOak Living Community
Mobility Works Commercial

PACSTX
Quantum Solutions Corporation
Scioto
The Plexus Group
Therap Services
VisionWorks

schedule-at-a-glance



Tuesday, July 23

Noon – 5 p.m.

Registration

1 – 5 p.m.

Exhibit Hall/Silent Auction Set-up

1 – 4:30 p.m.

Pre-Convention Workshop

4:45 – 6 p.m.

Reception

6 p.m.

AAIDD Texas Chapter Board of Directors
and Convention Committee Meeting/
Dinner

1:30 – 2:45 p.m.

Breakout Sessions

2:45 – 3:15 p.m.

Break (Exhibit Hall)

3:15 – 4:30 p.m.

Breakout Sessions

4:45 – 5:30 p.m.

AAIDD Texas Chapter Annual Business
Meeting

5:30 – 7 p.m.

Reception
Poster Presentations

Noon – 1:15 p.m.

Awards Luncheon

1:30 – 2:45 p.m.

Breakout Sessions

2:45 – 3:15 p.m.

Break (Exhibit Hall)

3 p.m.

Silent Auction Closes

3:15 – 4:30 p.m.

Breakout Sessions

4:30 – 5 p.m.

Silent Auction Pick-up

Evening on your own

Wednesday, July 24

8 a.m. – 5 p.m.

Registration

8 – 9 a.m.

Continental Breakfast

9 – 10:30 a.m.

Opening Session & Welcome

10:45 a.m. – Noon

Breakout Sessions

Noon – 4:30 p.m.

Exhibit Hall/Silent Auction Open
(Lunch on your own)

Thursday, July 25

8 a.m. – 5 p.m.

Registration

8 – 9 a.m.

Continental Breakfast (Exhibit Hall)

8 a.m. – 3 p.m.

Exhibit Hall/Silent Auction Open

9 – 10:15 a.m.

Breakout Sessions

10:15 – 10:45 a.m.

Break (Exhibit Hall)

10:45 a.m. – Noon

Breakout Sessions

Friday, July 26

8 – 11 a.m.

Registration

8 – 9 a.m.

Continental Breakfast

9 – 11 a.m.

Closing Session



schedule of events

Tuesday, July 23

Noon – 5 p.m.

Registration

1 – 5 p.m.

Exhibit Hall/Silent Auction Set-up

1 – 4:30 p.m.

Pre-Convention Workshop

Ethics in Intellectual and Developmental Disability Services – 2013

Nursing CEU credits have been requested for this session

This Pre-Convention Workshop will address key ethical issues in services to people with intellectual and developmental disabilities. An overview will be provided of several codes of ethics, including NASW, APA, and AAIDD Guidelines to Professional Conduct, the Board for Certification of Behavior Analysts, and the National Alliance for Direct Support Professionals. Key areas in which ethical issues arise will be highlighted, such as consent, service eligibility, and loving relationships. The perspective of advocacy organizations, as well as self-

advocates, will be presented. Finally, there will be open discussion of the key ethical issues being faced currently by professionals in the field, as identified by the participants.

- Ellis M. (Pat) Craig, Ph.D., Consultant
- Joanna Jones, ACSW, St. Giles Living Centers, Inc.
- Beth Mitchell, J.D., Attorney, Disability Rights Texas
- Ollie Seay, Ph.D., Clinical Assistant Professor, Texas State University San Marcos

4:45 – 6 p.m.

Reception

6 p.m.

AAIDD Texas Chapter Board of Directors and Convention Committee Meeting and Dinner

Wednesday, July 24

8 a.m. – 5 p.m.

Registration

8 – 9 a.m.

Continental Breakfast

Wednesday, July 24 5:30 – 7 p.m.

Reception & Poster Presentations

Race Proportions within Autism and Intellectual Disability Categories

Christie Brewton, Graduate Student, University of Houston
Kerri Nowell, M.A., L.S.S.P., Graduate Student, University of Houston
Elizabeth Allain, M.S., Graduate Student, University of Houston

Pica and Handmouthing: Implementation of Interventions Over Time

Christine Yeldell, M.A., Associate Psychologist V, Richmond State Supported Living Center

An Interdisciplinary Approach to Evidence-Based Treatment of Autism

Ronda Reyna, M.A., Doctoral Candidate in School Psychology, University of Houston
Dena Linda, M.A., CCC, SLP, Clinical Educator, University of Houston

Impact of a Self-Management Intervention on Work-Related Behaviors

Christine L. Nittrouer, Ph.D. Student/Psychology, Rice University

IDD, Emotions & Coping: Examining Current Perspectives

Morenike Giwa, MA, LoneStar LEND Trainee, UT Houston Health Science Center
Melinda B. Benjumea, LPC, Program Director, MHMRA of Harris County
Debra J. Cartman, MA, Department Director, MHMRA of Harris County
Jose Ramirez, Jr., LCSW, Department Director, MHMRA of Harris County

Wednesday, July 24 continued

9 – 10:30 a.m.

Opening Session

Flag Presentation by: Cesar E. Chavez High School
Color Guard

MHMRA Voices of Harmony

Older People with Intellectual Disabilities: Changing Demographics and Changing Life Needs

Nursing CEU credits have been requested for this session

As the population of older individuals with lifelong disabilities continues to increase in size, provider organizations and local governments are beginning to confront a new set of challenges associated with their lifespan aging. These challenges are associated with retirement and adaptations to living arrangements and housing, modifications in activities and lifestyle, changes in physical abilities, and support for aging families and other careers. There are also challenges associated the onset of age-associated diseases, losses in capabilities, changes in sensory levels, the onset of dementia, and general decline in both cognitive and physical abilities with advanced age. The presentation will cover issues related to the growth of the numbers of people with disabilities as they age, what are the challenges they face, and how service organizations can respond and be “aging-ready.”

Matt Janicki, Ph.D., Associate Research Professor and Director for Technical Assistance RRTC on Aging with Developmental Disabilities – Lifespan Health and Function, University of Illinois at Chicago

10:45 a.m. – Noon

Breakout Sessions

1. Adapting Services to Provide Quality Supports to Adults with Intellectual Disabilities Affected by Dementia

Nursing CEU credits have been requested for this session

As providers are seeing the general age of their clientele markedly increase, concerns are growing about how to plan for and address age-associated pathologies. One such age-associated condition, Alzheimer’s disease and related dementias, affects a significant number of adults with Down syndrome (over 60% of adults over 60) and a proportional number of adults with other etiologies of intellectual disability (about 6% of adults over 60). Many at-risk adults live on their own or with friends, and many affected adults live in small community group homes or with their families.

How to provide sound and responsive community care is a growing service challenge. This session provides an overview of key elements of dementia in adults with intellectual disabilities and examines strategies agencies can employ to adapt their current services to make them ‘dementia capable’. Specifically covered are the elements of dementia, as well its onset, duration and effect, and techniques for adapting environments and programs. Models for supports depending on the stage of dementia are also discussed, as are training foci areas and community care models that provide for “dementia capable” supports and services.

Matt Janicki, Ph.D., Associate Research Professor and Director for Technical Assistance RRTC on Aging with Developmental Disabilities – Lifespan Health and Function, University of Illinois at Chicago

2. PATH: A Person Directed Life Plan

Tired of your typical PDP discovery tool or pre-ARD process? Do you want something that will truly motivate and empower the people you work with? PATH, Planning Alternative Tomorrows with Hope, is a person centered planning tool that has been used on an international level for over twenty years. It is considered a best practice in person directed planning and uses graphic as well as verbal facilitation to keep the process creative and allow people who cannot read to truly participate. PATH involves friends and family as well as professionals in the creation and implementation of the PATH.

Amy Stabeno, MA, ICS, Statewide Microboard Coordinator, The Arc of Texas

Christy Ogle, BA, Service Coordinator, Heart of Texas Region MHMR Center

3. An Interdisciplinary Approach to Evidence – Based Treatment of Autism

Nursing CEU credits have been requested for this session

Interdisciplinary approaches are becoming an integral part of evidence-based service delivery in the treatment of Autism. This type of approach ensures that clinicians are able to provide an efficient and parsimonious treatment program to children and families impacted by Autism. An interdisciplinary treatment model including speech-language therapy and behavioral therapy (e.g. discrete trial training and pivotal response training) will be described and supported by outcome data, exhibiting progress in two male clients impacted by Autism. Two case studies with pre and post intervention data will be presented.

Ronda Reyna, M.A., LSSP, Doctoral Candidate in School Psychology, University of Houston

Wednesday, July 24 continued

10:45 a.m. – Noon Breakout Sessions continued

4. Individual's Retain SSLC Previous Employment After Community Placement

Do you see the happy faces of individuals that come to work every day? How important it is to the individuals to have jobs. We have no way of knowing what makes them happy coming to work as it could be hundreds of different reasons to each individual working. What we do know it that it is their preference to come to work and we as responsible provider of services need to do all we can to continue as well as improve the level of skills the individuals obtain in their jobs. Is it important that you can retain your previous job when you move into the community?

- Andrea Miller, M.Ed., M.A., Program Services Director, Brenham State Supported Living Center
- Michael Doebler, Vocational Coordinator, Brenham State Supported Living Center

Noon – 4:30 p.m. Exhibit Hall/Silent Auction Open (Lunch on your own)

1:30 – 2:45 p.m. Breakout Sessions

1. Person-Centered Practices in Long-term Care

Culture change is the common name given to the movement for the transformation of long-term services, based on person-directed values and practices where the voices of resident and those working with them are considered and respected. Core person-directed values are choice, dignity, respect, self-determination and purposeful living. Culture change transformation supports the creation of environments and community-based settings where both resident and their caregivers are able to express choice and practice self-determination in meaningful ways. Culture change transformation may require changes in organization practices, physical environments, relationships at all levels —leading to better outcomes for consumers and direct care workers without inflicting detrimental costs on providers.

- David Seaton, BS, Owner/CEO, LiveOak Living Community

2. Demonstrating Success in Young Children with Autism

ABA-SKIP is an applied behavior analysis program funded through the state of Texas Department of Assistive and Rehabilitative Services (DARS) in conjunction with the MHMRA of Harris County and University of Houston - Clear Lake. Children must be 3 to 8 years old and have a current diagnosis of a pervasive developmental disorder. The model consists of a center-based program, which children attend for approximately 15 hours per week, and parent training. The results for children completing 12 months of services will be described based on an abbreviated version of the Assessment of Basic Language and Learner Skills (ABLLS).

- Amanda L. Sitomer, M.S., BCBA, Board Certified Behavior Analyst, MHMRA of Harris County
- Kail T. Graham, M.A., BCBA, Board Certified Behavior Analyst, MHMRA of Harris County
- Dorothea Lerman, Ph.D., BCBA-D, Director, Center for Autism and IDD, University of Houston, Clear Lake
- Maria Quintero, Ph.D., Assistant Deputy Director of Provider Services, MHMRA of Harris County

3. New Research on Aging Issues with Individuals with Intellectual and Developmental Disabilities *Nursing CEU credits have been requested for this session*

This presentation not only discusses the changes associated with aging, it does something about it! This presentation will discuss issues that affect the growing number of persons with intellectual and developmental disabilities that are reaching middle and older age. Issues include diseases that affect cognitive decline, health issues, decline in social support, transition issues such as retirement, and special issues that affect older adults such as substance abuse. The presentation will discuss the impact of aging on caregivers as well, including issues of transference and related concerns. This program will be helpful for all persons working with an aging population. It may be helpful for any person who is aging. The program will also include information on the National Alzheimer's Program and the inclusion of special populations in the Program directives and goals.

- Andrew W. Griffin, Ph.D., Forensic Psychologist, Mexia State Supported Living Center

Wednesday, July 24 continued

1:30 – 2:45 p.m.

Breakout Sessions continued

4. Teaching New Behavior

Referrals for behavior support services are often focused on reducing the frequency/intensity of undesirable behavior. Many behavioral difficulties, however, are often the result of an individual's deficits in social/coping skills (e.g., anger management skills, assertiveness skills). An individual may develop challenging behavior when compensating for these skill deficits. Addressing this often results in the development of positive behavior as an alternative to undesirable behavior. In this presentation participants will use discussion and individual/group exercises to identify skill deficits resulting in challenging behavior and develop strategies for teaching new skills and positive behaviors.

- Steve Fitzner, MS, LPA, Associate Psychologist, Spindletop Center

2:45 – 3:15 p.m.

Break (Exhibit Hall)

3:15 – 4:30 p.m.

Breakout Sessions

1. Case Management 101

This presentation will provide families and advocates with the necessary skills and knowledge to act as good case managers for themselves and/or loved ones. This empowers the families and individuals to ensure their voices are included in the planning and execution of their vision for life.

- Christy Ogle, BA, Service Coordinator, Heart of Texas Region MHMR
- Molly Howard, LMSW, Authority Program Manager, Heart of Texas Region MHMR

2. Identification of ASD in Underserved Populations

Nursing CEU credits have been requested for this session

Understanding the extant literature surrounding disproportionate representation of youth with Autism Spectrum Disorders (ASD) across cultural groups is important in terms of providing culturally competent mental health services for this population. This presentation will summarize the current literature that details disproportionate representation across cultural groups (i.e., race, ethnicity and socioeconomic status) in

both clinical and school settings. Possible explanations for these discrepancies and how they operate to affect timely and accurate diagnosis across cultural groups will be discussed. Additionally, possible mechanisms for addressing existing discrepancies will be identified.

- Kerri P. Nowell, M.A., University of Houston
- Elizabeth Uribe Allain, MS, Doctoral Student in School Psychology, University of Houston
- Christie Brewton, Doctoral Student in School Psychology, University of Houston

3. Hooked on Music – or Are We?

Music is deeply embedded in practically everyone's routine. It is such a regular ingredient to everyday operations that its significance goes unrecognized unless it's not available. When that happens, people will do all that's necessary to make it present and/or available. The reason for such is that music improves the overall quality of one's life so much that people don't want to be without it. By improving the quality of one's life, music also serves the role of "connecting communities". This presentation will look at how music improves lives and connects communities as well as its applications as a therapy.

- Lauri Gallegos, Board Certified Music Therapist, Richmond State Supported Living Center

4. Forensic Issues for Persons with Intellectual and Developmental Disabilities

Nursing CEU credits have been requested for this session

What happens when individuals we serve are arrested? It is an unfortunate fact that a percentage of the persons you work with get arrested and charged. This workshop will examine the court system and the process of forensic evaluations in regards to persons with Intellectual and Developmental Disabilities. Topics will include what information the courts need to make determinations, including reports on the level of cognitive and adaptive functioning, as well as the capacity of individuals to participate in their defense and go on to trial. Issues affecting both juveniles and adults will be considered. This workshop will be beneficial for all providers, and will help providers provide assistance to their clients as well. Mexia State Supported Living Center is the statewide facility for forensic evaluation and treatment for persons with IDD.

- Charlotte M. Kimmel, Ph.D. Director of Psychology Services, Mexia State Supported Living Center
- Nedra Francis, MA, LSSP, Associate Psychologist, Mexia State Supported Living Center
- Andrew Griffin, Ph.D., Forensic Psychologist, Mexia State Supported Living Center

Wednesday, July 24 continued

4:45 – 5:30 p.m.

AAIDD Texas Chapter Annual Business Meeting

Members are encouraged to attend – Win Door Prizes!

5:30 – 7 p.m.

Reception

Poster Presentations

Thursday, July 25

8 a.m. – 5 p.m.

Registration

8 – 9 a.m.

Continental Breakfast (Exhibit Hall)

8 a.m. – 3 p.m.

Exhibit Hall/Silent Auction Open

9 – 10:15 a.m.

Breakout Sessions

1. How to Advocate in the ARDing Process

How to advocate during the ARD process is a presentation about how a parent, service coordinator or advocate can work as a professional, with professionals in the ARD process. The presentation highlights what an individual can do to receive services for their student in an ARD process. The presentation empowers parents by letting them know that they have rights and so does the student. It gives them a voice in the ARD process.

- Christy Ogle, BA, Service Coordinator, Heart of Texas Region MHMR Center

2. History Matters: What Advocates Should Know About Eugenics

The eugenics movement is an important introduction to the study of disabilities that is too often skipped over. This presentation will give an overview of the eugenics movement in the U.S. - its history and its relevance to people with intellectual and developmental disabilities today. It will examine laws and policies influenced by the eugenics movement and how eugenics factors into current debate on institutionalization, health care, and community-based services. In addition, the presentation will discuss

how the study of eugenics and disability history can be incorporated into training curriculum for disability professionals and advocates.

- Elaine Eisenbaum, MSW, Texas Center for Disability Studies, The University of Texas at Austin

3. DSM-5 Changes in Intellectual Disabilities and Autism

Nursing CEU credits have been requested for this session

The long-awaited Fifth Edition of the Diagnostic and Statistical Manual (DSM-5) includes substantial changes to diagnostic categories as well as to the overall approach to diagnosing mental illnesses and developmental disabilities. These changes will be reviewed and participants will be encouraged to engage in discussion about the impact of these changes on clinical practice and on public policy.

- Maria Quintero, Ph.D., Assistant Deputy Director, MHMRA of Harris County

4. How to be a Star in Your Next Billing and Payment Review

This presentation will touch base on multiple areas such as: In-Home Day Habilitation, justifications for service provision, common errors our reviewers encounter, documentation information, and other issues related to Billing and Payment reviews.

- Misti J. Hair, QMRP, Manager, Billing and Payment, Texas Department of Aging & Disability Services

10:15 – 10:45 a.m.

Break (Exhibit Hall)

Thursday, July 25 continued

10:45 a.m. – Noon

Breakout Sessions

1. Latency Effect of Stressors/Mitigators on Quality of Life

The ongoing social movement toward deinstitutionalization has compelled administrators of care facilities to rethink program efficacy measures. In this Study, the cumulative effect of stressors/mitigators on variability in subjective wellbeing were observed as allostasis and measured as decreased satisfaction. To advance the treatment, care, and community reintroduction processes, changes in quality of life were monitored. Guided and operationalized by Reiss motivators, 6 years of archival satisfaction data from institutions serving persons diagnosed with intellectual disabilities were analyzed to determine (a) subjective wellbeing via core affect and (b) latent effects of stressing/mitigating events, while controlling for individual and institutional operating parameters.

- Henry Gohlke, Ph.D., Post-doc Intern, The Center
- Deborah Grossett, Ph.D., BCBA-D, Director of Behavior Services, The Center

2. Practice Issues in Psychology

This presentation will be a discussion group that focuses on current practice issues in the field of psychology as it relates to the field of intellectual and developmental disabilities. Discussion will focus on recent legislative issues related to the practice of psychology and current practice issues such as the DSM changes, updated assessments, and other issues that relate to the practice of psychology. Issues being addressed by professional psychology organizations will be provided.

- Charlotte M. Kimmel, Ph.D., Director of Psychology Services, Mexia State Supported Living Center
- Ellis M. (Pat) Craig, Ph.D., Consultant
- Ollie Seay, Ph.D., Clinical Assistant Professor, Texas State University San Marcos

3. Practicing Wholeness: Managing Stress with Self-Care

Stress impacts all of us and can impact our physical and emotional health. This presentation will provide an overview of the biology of stress and explore different ways, including relaxation, to manage stress in our lives. The focus will be on self-care and how we can develop practices that help keep us healthy.

- Sarah R. Flick, MD, Medical Director Intellectual Disability Services Division, MHMRA of Harris County

4. How to be a Star in Your Next Billing and Payment Review

This presentation will touch base on multiple areas such as: In-Home Day Habilitation, justifications for service provision, common errors our reviewers encounter, documentation information, and other issues related to Billing and Payment reviews.

- Misti J. Hair, QMRP, Manager, Billing and Payment, Texas Department of Aging & Disability Services

5. Determining When Healthcare Needs Exceed RN Delegation

Nursing CEU credits have been requested for this session

Presentation will focus on determining when health care needs exceed the parameters of RN Delegation. The Texas Administrative Code (22TAC-Rule 225.1) RN Delegation to unlicensed personnel in independent living environment for individuals with stable and predictable conditions. We will talk about when the healthcare status of individuals living in a community setting exceeds the nurses' ability to deliver services due to the level of health acuity and complex healthcare needs and the individual is no longer suitable for RN delegation. Developing policy and procedure to address these incidences.

- Yolanda Daggs, MBA, BSN, RN/BLS, Division Nurse Manager, MHMRA of Harris County

Noon – 1:15 p.m.

Awards Luncheon

1:30 – 2:45 p.m.

Breakout Sessions

1. The History of Intellectual Disability in Ancient Civilizations

This presentation focuses on current knowledge of how people with a likely intellectual disability were perceived and treated in ancient civilizations. This tracing of history will cover the Early River Civilizations of Mesopotamia/Babylonia, Egypt, and Palestine from the beginning of defined civilization (around 7,000 BC) to 722 BC, when the original independent Jewish state fell to conquerors. Slightly overlapping the end of this time period was the beginning of Ancient Greece. The rather harsh perspective of the ancient Greeks toward people with likely intellectual disabilities will be described.

- Ellis M. (Pat) Craig, Ph.D., Consultant

Thursday, July 25 continued

1:30 – 2:45 p.m.

Breakout Sessions continued

2. Teaching Self-Management Skills to Adolescents with Problem Behaviors

Nursing CEU credits have been requested for this session

Self-management refers to planned, continuing efforts to change one's own behavior. Adolescents with intellectual disabilities may struggle to attain these skills, however, like any skill, it can be taught. This presentation explores methods to teach adolescents with intellectual disabilities how to use self-management as a coping method or as a replacement behavior for problem behaviors. We will demonstrate and give examples for specific methods to teach adolescents to recognize their own problem behaviors, the environmental antecedents that lead to them, natural negative consequences for problem behaviors, alternative self-control strategies, and positive consequences for performing these strategies.

- Kate Johnson-Patagoc, MS, BCBA, Behavior Analyst, Program Director, Texana Center
- Holly Bihler, MS, BCBA, Behavior Analyst, Texana Center
- Robert Lehardy, MA, BCBA, Behavior Analyst, Texana Center

3. Health Related Complexes in the IDD Population – Implications for Nursing Practice

Nursing CEU credits have been requested for this session

At the completion of this session, participants will be able to: Discuss health problems commonly seen in persons diagnosed with intellectual and developmental disabilities (IDD); describe medical problems most often found a group of selected IDD syndromes and identify nursing actions for effective management of health related issues frequently identified in persons with IDD.

- Carson Easley, BSN, MS, RN, Director of Nursing, MHMRA of Harris County

4. Partners in Compliance

The following will be addressed during this presentation: Get to know your peer network; interactions that will help you get your questions answered by DADS (Special Guest); too much to do and worry about; too many complex areas to address (SB 1857) bonding together will help bridge the gap and improve universal understanding; vague, burdensome expectations; appears to be few “safe” resources to receive help-calling DADS could expose your vulnerabilities; and calling other association/provider members seems to be “off” limits.

- Bernadette Richardson, B.S./Social Work, Quality Assurance Director, Kenmar Residential Services
- Michael J. Chittenden, B.S./Sociology, Program Director, Kenmar Residential Services
- Steve Fox, M.A./Communications, Program Director, Texas Department of Aging and Disability Services

2:45 – 3:15 p.m.

Break (Exhibit Hall)

3 p.m.

Silent Auction Closes



Thursday, July 25 continued

3:15 – 4:30 p.m.

Breakout Sessions

1. IDD, Emotions & Coping: Examining Current Perspectives

Nursing CEU credits have been requested for this session

There is a predominant societal view that individuals with I/DD experience emotions in a manner that differs from that of typically developing individuals. Several hypotheses suggest diminished capacity for emotion, impaired “Theory of Mind”, etc. Similarly, the emotions of caregivers of those with I/DD are perceived to be dissimilar as well, aided in part by the growing trend toward community inclusion, increased lifespan, and the concept of caregiver fatigue. This presentation examines the origins, context, and accuracy of these perspectives as well as the implications for those living with I/DD, their families, and those who work with them..

- Morenike Giwa, MA, LoneStar LEND Trainee, UT Houston Health Science Center
- Melinda B. Benjumea, LPC, Program Director, MHMRA of Harris County
- Debra J. Hampton, MA
- Jose Ramirez, Jr., LCSW, Department Director, MHMRA of Harris County

2. Life After Corn Pops

This intervention utilizes escape extinction and reinforcement to increase the variety of foods an individual with autism spectrum disorder (ASD) accepted. Escape extinction and reinforcement increased food acceptance. Treatment data show an increase in attempted independent feeding and a decrease in problem behavior associated with the consumption of novel foods.

- Aaron Boyce, M.A., Doctoral Student in School Psychology, University of Houston
- Kail T. Graham, M.A., BCBA, Board Certified Behavior Analyst, MHMRA of Harris County
- Rinita L. Roberts, Ph.D., Clinical Psychologist, MHMRA of Harris County
- Amanda Sitomer, M.S., BCBA, Board Certified Behavior Analyst, MHMRA of Harris County

3. Intellectual Disability Services and Integrated Care

Nursing CEU credits have been requested for this session

Looking for innovative, cost-effective ways to deliver services to people with intellectual disabilities (ID), states are studying how these long-term services and supports could fit into managed care models; however, this integration could result in greater costs and undesirable clinical outcomes if specific areas of need are not addressed. This presentation will provide information and generate thoughtful consideration about the benefits and risks of integrating ID specialty care into a managed care model.

- Maria Quintero, Ph.D., Assistant Deputy Director of Provider Services, MHMRA of Harris County

4. In Search for Independence

Nursing CEU credits have been requested for this session

Society has a stereotype for the role of a man in the household. A man with Asperger’s does not fit society’s characteristics of the neurotypical male. Men with Asperger’s are challenged when facing the notion of independence. The struggles that men with Asperger’s face are comprised of various aspects that cause for complications in their individual search for independence. This presentation will discuss the struggles that men with Asperger’s face when compared to the neurotypical man, by using factual information as well as first-hand accounts by various individuals who have been diagnosed with Asperger’s Disorder.

- Alton Bozeman, Psy. D., Psychologist, MHMRA of Harris County
- Kysha R. Martin, Direct Care Specialist for IDD Division, MHMRA of Harris County
- Matthew Bordelon, Coffeehouse Program, MHMRA of Harris County
- Ryan Featherston, Coffeehouse Program, MHMRA of Harris County
- Jerrod Green, Coffeehouse Program, MHMRA of Harris County
- Thomas Holm, Coffeehouse Program, MHMRA of Harris County

Thursday, July 25 continued

3:15 – 4:30 p.m.

Breakout Sessions continued

5. CSI: Crisis Support & Intervention Episode: Investigating & Supporting Problem Behavior

Crisis is the buzzword these days due to the high number of individuals needing supports and the difficulty finding resources to support these needs. We are here to help! Come join us for a fun, interactive, and informative look into how to support individuals before, during, and after a behavioral crisis!

- Michelle Garcia, Psy. D., Clinical Psychologist, Michelle Garcia, Psy. D. & Associates

4:30 – 5 p.m.

Silent Auction Pick-up

Evening on your own



Friday, July 26

8 – 11 a.m.

Registration

8 – 9 a.m.

Continental Breakfast

9 – 11 a.m.

Closing Session

**State and Local Leaders Aid in Connecting
Communities to Help Improve Lives**

Industry Panel Discussion

Panel members will discuss how the last legislative session will impact the IDD service array across the State of Texas. They will share ideas with other members of the panel and provide their opinion of specifically what changes will happen in the IDD field. Those attending the session will be able to ask the panel questions related to service delivery and their field of expertise.

- Moderator, Dion White, President, AAIDD Texas Chapter
- Danette Castle, Chief Executive Officer, Texas Council of Community Centers
- Provider Alliance for Community Services of Texas (PACSTX) Representative
- Amy Mizcles, LMSW, Executive Director, The Arc of Texas
- Carole Smith, Executive Director, Private Providers Association of Texas (PPAT)
- Roger Webb, Executive Director, Texas Council for Developmental Disabilities (TCDD)
- Jon Weizenbaum, Commissioner, Texas Department of Aging and Disability Services (DADS)



general information



Online Registration

To register online, [click here](#) or go to www.aaidtx.org. . You can make your payment by credit card, enter a check number and/or purchase order number. Once you have registered online, make check payable to AAIDD Texas Chapter and mail payment (or photocopy of your purchase order) to: American Association on Intellectual and Developmental Disabilities Texas Chapter, P.O. Box 28076, Austin, TX 78755.

Hotel Information

The Westin Galleria

5060 W. Alabama

Houston, TX 77056

Online Reservations: <https://www.starwoodmeeting.com/Book/aag19>

Phone Reservations: 888/627-8514 (Be sure to mention The Westin Galleria, Houston, Texas and the AAIDD Texas Chapter Annual Convention)

Rates: \$135.00 single/double occupancy

Check-in time is 3 p.m.; check-out time is noon

Call the hotel by **July 1, 2013** to ensure the special rate and room availability. Be sure to mention the American Association on Intellectual and Developmental Disabilities (AAIDD) Texas Chapter Annual Convention. Reservations requested after cut-off date will be subject to space and rate availability.

Complimentary covered self-parking and valet parking is approximately \$30.00/day.

Transportation

Ground transportation to/from George H. Bush Intercontinental Airport (approximately \$25/person one-way) or William P. Hobby Airport (approximately \$25/person one-way) is available through SuperShuttle. For reservations, contact SuperShuttle at 800/258-3826 or www.supershuttle.com. The shuttle pick-up location is curbside near the lower level baggage claim area at each airport. Rental car agencies are located at both airports.

Attire

Attire is “business casual” for all meetings and events.

Badge Identification

Badges are required for entry to all meeting rooms, meal functions and Exhibit Hall.

Concurrent Session Admittance

All sessions are open to conference attendees on a first-come/first-serve basis. As soon as all chairs occupied, the room monitor will close the session. Fire codes prohibit the attendees from standing the aisles or against the walls. We appreciate your cooperation.

Continuing Education Units

CEUs are available for **ALL** sessions at the Convention at no charge. Prior to attending any session, pick up the CEU forms at the registration desk. Certificates will be available after completion of each session. The association thanks Austin Travis County Integral Care for sponsoring the convention CEUs and Ken Kiff, Human Resources, for processing the applications.

general information

Approval Statement

This continuing nursing education activity was approved by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Convention Evaluation Forms

Be sure to complete the overall convention evaluation form and return it to the registration desk before the closing session. Attendees who complete the overall convention evaluation form, will receive a ticket for a prize drawing to be held at the closing session. Your input is important and will help us plan for the 2014 Convention.

Door Prizes

Be sure to complete the overall convention evaluation form and return it to the registration desk before the closing session. Attendees who complete the overall convention evaluation form, will receive a ticket for a prize drawing to be held at the closing session. Your input is important and will help us plan for the 2014 Convention.

Exhibition Information

There are 20 exhibit tables available for the show this year. The exhibit fee includes one registration. Additional company representatives will need to pay the additional company rep fee (\$180). Upon receipt of your exhibitor registration and payment, display tables will be assigned on a first-come/first-serve basis. The exhibit hall will be open during the following hours: Noon – 4:30 p.m., Wednesday, July 24 and 8 a.m. – 3 p.m., Thursday, July 25. Exhibitor set-up begins on Tuesday, July 23 from 1 – 5 p.m. Exhibits need to be ready by 11 a.m. on Wednesday, July 24. Tear down begins at 3 p.m. on Thursday, July 25 with all displays removed by 5 p.m. Please contact Pat Holder at 512/349-7470 for display table availability and assignments.

Sponsorship Opportunities

If your organization is interested in a sponsorship opportunity, please check the appropriate box on the registration form. When completing the registration, be sure that the company name is printed exactly as it is to appear in the promotional materials. Sponsors receive the following benefits for their participation at the Convention: listing on sign at the convention; recognition in the convention program (if committed 30 days in advance), company name posted on the association website, recognition in the association newsletter and sponsor ribbon on name badge at the convention.

2013 AAIDD Texas Chapter Board of Directors

President

Dion White

Center for Life Resources
dion@cflr.us

President - Elect

Jermaine East

MHMRA of Brazos Valley
jeast@mhmrbv.org

Past President

Shelly Heck

Daybreak Community Services
shellyh@daybreakcommunity.com

Treasurer

Connie Cisneros

Tropical Texas Behavioral Health
ccisnero@ttbh.org

Secretary

Pat Craig, Ph.D.

ecraig1@austin.rr.com

Self-Advocate

Jake Pinner

jakechoir@yahoo.com

Direct Support Professional

Margo Childs

MHMRA of Harris County
margo.childs@mhmraharris.org

Members At Large

Ollie, Seay, Ph.D.

Texas State University – San Marcos
ollieseayphd@austin.rr.com

Lisa Shelby

Austin Travis County Integral Care
lisa.shelby@atcic.org

Claudia Southern

Southern Concepts, Inc.
claudia@scitx.net

Maya Vega

Austin Travis County Integral Care
maya.vega@atcic.org

Debbie Youngblood

Daybreak Community Services
debbiey@daybreakcommunity.com

Pat Holder

Convention Manager
512.349.7470
patholder@austin.rr.com



38th Annual

Convention Committee

Jermaine East, Chair

Program/Awards/Nominations
MHMRA of Brazos Valley

Margo Childs

Chair/Local Arrangements
MHMRA of Harris County

Connie Cisneros

Silent Auction
Tropical Texas Behavioral Health

Pat Craig, Ph.D.

Chair/Consumer Stipends

Carson Easley

Nursing CEUs
MHMRA of Harris County

Michelle Garcia, Psy.D.

Program
Michelle Garcia, Psy.D. & Associates

Andy Griffin, Ph.D.

Program
Mexia State School

Shelly Heck

Chair, Awards/Nominations
Daybreak Community Services

Charlotte Kimmel, Ph.D.

Local Arrangements
Mexia State School

Vanessa Miller

Nursing CEUs
MHMRA of Harris County

Jake Pinner

Program

Maria Quintero, Ph.D.

Local Arrangements
MHMRA of Harris County

Melissa Rasco

Chair, Silent Auction
CALAB, Inc.

Ollie, Seay, Ph.D.

Program
Texas State University – San Marcos

Lisa Shelby

Consumer Stipends
Austin Travis County Integral Care

Claudia Southern

Exhibitors/Sponsors
Southern Concepts, Inc.

Maya Vega

Silent Auction
Austin Travis County Integral Care

Dion White

Awards/Nominations
Center for Life Resources

Debbie Youngblood

Chair, Exhibitors/Sponsors
Daybreak Community Services

register today

AAIDD 38th Annual Convention

The Westin Galleria • Houston, Texas • July 23 - 26, 2013

[Click here](#) to Register Online or visit our website - www.aaidmtx.org

- **Cancellation Policy:** No refunds will be given after **July 1, 2013**; however, substitutions will be permitted.
- For best rates, be sure to register by the earlybird cut-off of **July 1, 2013**.
- Special needs? Interested in Convention sponsorship? Questions? Contact Pat Holder at 512/349-7470 or patholder@austin.rr.com.

Join AAIDD Texas Chapter now. If you sign up now, you can register at the member rate. Membership to AAIDD is an **individual** membership. Visit <http://aaid.org/>

Registration Fees*

	Early Bird Until 7/1/13	After 7/1/13 and on-site
Full Convention - Member	\$200	\$250
Full Convention - Non-Member	\$250	\$300
Daily Rate	\$100	\$135
Guest/Spouse	\$100	\$135
Pre-Convention Workshop (Must be registered for Convention)	\$75	\$100

*Fees for full convention attendees include Wednesday – Friday sessions, daily coffee breaks and the Thursday Awards Luncheon. The daily rate includes the sessions, coffee breaks and meal functions scheduled on that day.

Group Discount: Take \$15.00 off per person from the full registration fee with three or more from your facility/agency/company. **To receive the group discount for multiple attendees, please register the group online at the same time. Late additions will be charged as a separate submission and not receive a discount.**

Exhibitor Information*

	Early Bird Until 7/1/13	After 7/1/13 and on-site
Exhibit Fee	\$550	\$600

* Exhibit Fee includes one registration. . Other company representatives will need to pay the additional company rep fee (\$180). Each exhibit display includes one 6-foot skirted table and two chairs.

Sponsorships

Diamond	\$1,000
Platinum	\$750
Gold	\$500
Silver	\$250
Bronze	\$100

If your company is interested in sponsoring an event, contact Pat Holder at 512/349-7470 for additional information.